

## Top 10 skills children learn from the arts.

- 1. **CREATIVITY** Being able to think on your feet, approach tasks from different perspectives and thinking outside of the box.
- 2. **CONFIDENCE** The skills developed through theater not only train you how to convincingly deliver a message, but also build the confidence you need to take command of the stage.
- PROBLEM SOLVING Artistic creations are born through the solving of problems.
  Practice in problem solving develops children's skills in reasoning and understanding.
- 4. **PERSEVERENCE** When a child practices and then learns the skills and techniques required for any artistic endeavor they learn to not give up. In an increasingly competitive world, this skill is essential to achieving success.
- 5. **FOCUS** The ability to focus is a key skill developed through ensemble work. Keeping a balance between listening and contributing involves a great deal of concentration and focus. This requires each participant to not only think about their role, but how their role contributes to the big picture of what is being created.
- 6. **NON-VERBAL COMMUNICATION** Through experiences in theater and dance, children learn to breakdown the mechanics of body language. Through visual art, children learn to visually communicate concepts and ideas.
- 7. **RECEIVING CONSTRUCTIVE FEEDBACK** Receiving constructive feedback about a performance or visual art piece is a regular part of arts instruction. Children learn that feedback is a part of learning and it is not something to be offended by or to be taken personally. It is something that's helpful.
- 8. **COLLABORATION** Most arts disciplines are collaborative in nature. Through the arts, children practice working together. Through these experiences children gain confidence and start to learn that their contributions have value even if they don't have the biggest role.
- 9. **DEDICATION** When kids get to practice following through with artistic endeavors that result in a finished product or performance, they learn to associate dedication with the feeling of accomplishment. They practice developing healthy work habits of being on time for rehearsals and performances, respecting the contributions of others, and putting forth effort into the success of the final piece.
- 10. **ACCOUNTABILITY** When children practice creating something collaboratively they get used to the idea that their actions affect other people. Through the arts, children also learn that it is important to admit that you made a mistake and take responsibility for it. They learn that mistakes are a part of life. We acknowledge them, learn from them, and then move on.